## **COVID-19 Guidelines**

You need to **stay home** if you have:

**Symptoms Symptoms** Exposure Been within 6 feet of somebody Two of the following: One of the following: diagnosed with COVID-19 for ○ Fever\* Cough greater than 10 mins ○ Diarrhea\* Difficulty breathing OR OR OR Muscle Aches Shortness of Breath Traveled to an area of high O Chills New Loss of Smell community transmission Shivers New Loss of Taste (a state listed on the NJ.gov Fatigue Travel Restriction List) Headache ○ Nausea or **Vomiting\*** \*If only Fever, Diarrhea or Vomiting and no other symptom, stay home until symptom Sore Throat is resolved for 24 hours without the use of medication. Congestion or Runny Nose

# When can I return to school?

#### Positive COVID-19 Test\*\*

May return after 10 days
AND
No fever for 24 hrs without
use of medications
AND
Symptoms have improved

#### Negative COVID-19 Test\*\*

May return when fever free for 24 hours without the use of medication AND Symptoms have improved

#### No COVID-19 Test

May return after 10 days

AND

No fever for 24 hours

without medication

AND

Symptoms have improved

OR

MD note indicates

alternative diagnosis

### **Exposure to COVID-19**

May return after 14 days AND have no symptoms

<sup>\*\*</sup> If tested for COVID-19, do not return to school while awaiting results